Making a budget and sticking to it

Work out your monthly income

If you get paid weekly, times it by 52 and divide by 12. Include:

- Take-home pay
- Benefits
- Pension
- Child Maintenance

Take away your *outgoings*

Include everything you spend, including:

- Mortgage or rent
- Bills
- Debt repayments
- Travel costs
- Food, entertainment, clothing

Find out what's left

- If you've got money left over, think about adding to a savings pot
- If you're spending more than you earn, you may need a budget plan



Which *budget plan* is right for you?



A: REVERSE BUDGETING

Adjust your personal spending to fit whatever's left.



Set aside money for bills and how much you want to save.



Work backwards from your spending and savings goals.

B: THE ENVELOPE SYSTEM

Allocate your money into smaller pots at the start of each month. Once a pot is empty, don't spend until next month.

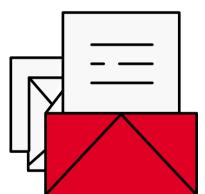




Travel



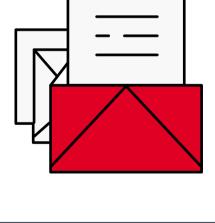




C: THE 50/30/20 PLAN

Divide your monthly income into three categories:

- 50% on essentials
- Rent or mortgage Household bills
- Car costs
- Internet & phone
- 30% to spend
- **Entertainment**
- Birthdays & celebrations
- Holidays
- 20% to set aside
- £ Pay off debts



Top 5 budget tips

1. Set *realistic goals*

If your goals are unachievable, it's easy to feel like giving up.

2. Pay bills automatically

Direct debits and standing orders help you pay bills on time - and avoid extra charges.

3. Review your budget often

You might get a pay rise at work. Your priorities might change.

4. *Connect* your spending to your work

Work out how many hours of work a purchase would cost you. If it doesn't feel worth it, don't buy it.

5. Stick to a *lower* credit card limit

Credit cards with high limits are easy to build up and hard to pay off.

